



Corpus Christi Primary

Growing together as the body of Christ

Newsletter

Term 3

Week 3

31st July 2014

Dear Parents,

Of recent times, there has been much talk about our aging population and the fact that we are living longer. Professor Robyn Richmond conducted a study of 190 centenarians, the oldest was 112, and from her interviews with them found that personality traits and attitudes had a greater influence on their longevity than genetics. Low neuroticism – fear, worry, guilt – low anger and hostility, low impulsivity, low depression, high social connectedness, high openness, high conscientiousness; these seemed to be the key to a ripe old age. Levels of anxiety and depression amongst the group were well below average.

“Get on with it; you can’t dwell on disappointments.” “Wherever I am, I’m contented.” “They tell me I’m the oldest woman. How did I get here? Just quietly living one day at a time.” These were a sample of the comments from our most senior citizens and what wisdom they contain. Collectively, these centenarians seem to have discovered the secret of joyful living by being fully engaged with their lives and being fully alive in one present moment followed by the next. Pema Chadron, a Tibetan spiritualist, observed that, “Authentic joy is not a state of feeling or being high. Rather it is a state of appreciation that allows us to participate fully in our own lives.”

Denmark seems to be the best country at living joyfully and the main reason is that most people strive to do their very best in their day to day activities. They do their best because they care, they work hard because that fulfils them and they don’t worry too much about the “negatives”. “Worry is like sitting in a rocking chair; it will keep you busy but you won’t get anywhere.” Author unknown.

The French naturalist, Jean Henri Fabre, was fascinated by processional caterpillars that marched in a long unbroken line front to back. So, he captured enough of them to encircle the rim of a flower pot. He linked them nose to end and started them walking in a closed circle around the rim of the pot. For days they moved like a perpetual merry-go-round and, although food was near at hand, the caterpillars starved to death on their endless march to nowhere.

Unfortunately, life is like this for some people. They worry over unfounded fears which really never happen. They wander through life without any meaningful and worthwhile purpose. Similar to the caterpillars, they spend their life going in circles which, as they age, become decreasing circles; a tragic way to live.

Joyful living is the result of being totally accepting of our present moment. Whenever we project ourselves away from our present moment and seek happiness in another time or place, we leave joy behind. When all parts of our life fully embrace where we are right now, we can’t help but be joyful. When Jesus spoke to his Apostles and said, “These things I have spoken to you that my joy may remain in you and that your joy may be full” John 14:11. he was speaking through them to us.

Again, when Jesus said, “Until now you have asked nothing in my name; ask and you will receive that your joy may be full” John 16: 24 he is stating that he wants us to be full of joy. Jesus is inviting us to call on his name to draw on the resources of God for anything we need to help us to live joyfully. Living joyfully is a work in progress throughout our lives. So, “Get on with it; you can’t dwell on disappointments.”

“Lord, we pray for a personal encounter with your words, ‘Well done ... enter into the joy of your Lord’.” Matt. 25: 23.

Peace and Best Wishes.

R. Blissenden

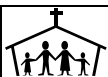
Richard Blissenden
Principal

IMPORTANT INFORMATION

Unfortunately there is a technical problem with our phones and we are unable to take incoming calls. A text message was sent to parents yesterday to inform you of this and to provide you with an alternate phone number until this problem is rectified.

Please phone **0428238693** if you need to contact the school.

We apologise for the inconvenience and thank you for your understanding.



Dear Parents,

Faith Formation

18th Sunday in Ordinary Time Year A

First Reading Is 55:1-3

Come to the water.

Responsorial Psalm Ps 144:8-9. 15-18. R. v.16

Second Reading Rom 8:35. 37-39
Nothing can separate us from the love of God.

Gospel Mt 14:13-21
Jesus feeds five thousand.

*A beginning point for discussion of this week's Gospel with children:
In today's gospel what did the disciples want the crowd to do after Jesus had healed those who were sick?
What was Jesus' reply?
What food did they have to share?
What did Jesus do to the food?
How much was left over?
Why didn't Jesus turn the crowd away?
Jesus doesn't turn us away and he gives us all we need.
What can we thank God for?
This week we pray that we can share with others the good gifts that God has given us.*

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Catholic Culture

First Eucharist Parent Meeting – 30th July, 2014.
Thank you to those parents who were able to attend last night. For those families who were not able to attend your packages are available for collection at the Parish Offices. As the group sessions commence next week please contact Mrs Marie Cottee at the parish on 47301249 as soon as possible to ensure that your child is included in the sacramental program.
Group sessions for the Sacramental programme for First Holy Communion will commence in the week starting the 4th August.
The final preparation afternoon for the Sacrament of First Communion is on **Friday 22nd August** from 3.30pm – 5pm. Final tips for parents will follow this from 5.00-5.15pm.

Religious Education News cont:

First Reconciliation Parent Meeting – 22nd October, 2014.

7.30pm/school hall
Looking forward to sharing this special time with you all.

St. Mary of the Cross Mackillop Feast Day Celebrations will be held on August 8th. A nice day out may be to visit: Mary Mackillop Museum. Mary MacKillop Place 7-11 Mount St, North Sydney .
As a school we will be celebrating with the parish at mass at 9am on this day. Our prayer for assembly next week will also be St. Mary of the cross Mackillop.

Social Justice

This term we will be supporting the work of Penrith Kitchen. In the past we have had a wonderful response to this social justice venture and we hope that it will once again be a great success.

Have a lovely week
Sharon Shahoud
Religious Education Coordinator

ADVANCED NOTICE

STAFF DEVELOPMENT DAY

No School for Students as the staff will be continuing their professional learning in the area of Mathematics
11th August 2014
Monday Week 5 Term 3

SCHOOL PHOTOS

**** NEW DATE ****
Tuesday 28th October 2014
Week 4 Term 4

PRG MOVIE NIGHT

****NEW DATE****
Friday 12th September
Details to follow



CURRICULUM NEWS

Games-athon 2014 Fundraiser

Many parents and grandparents supported our students as they participated in our Games-athon on Monday. The Games-athon started with an opening ceremony, which was followed by the children participating in six games. At the end of the Games-athon students were awarded with a gold medal for their participation.

A big thank you to our peer support leaders who ran the games! Thank you also to the staff who coordinated and participated in the day, and to the parents for dressing their children in Commonwealth Games themed clothing.

It is now time to collect sponsorship from family and friends. Please send your child's sponsorship form and money to school before Monday 1st September so that they are included in the major draw to win a mini ipad! Spot prizes will be drawn at each assembly in Weeks 4 and 6. You must have returned your sponsorship money to be in the draws. Prizes will also be presented during our Week 8 assembly for the student in each grade who has raised the most money, and a pizza party for the grade who has raised the most money. A tally of money raised will be published in the school newsletter each week.

THANK YOU FOR SUPPORTING OUR SCHOOL WITH OUR MAJOR FUNDRAISER FOR 2014! ALL FUNDS WILL GO TOWARDS PURCHASING NEW RESOURCES FOR OUR STUDENTS!

GAMES-ATHON SAUSAGE SIZZLE

Thank you to Mrs Susan Follan (BBQ Coordinator) and her wonderful team of helpers that included staff and many parents and grandparents! It was no mean feat to cook and assemble over 600 sausage sandwiches!!!! Thank you also to Mr John Follan and Ben Follan for the preparation of the BBQ, Mrs Mazurek for collating the orders, Mrs Taylor for purchasing the sausages, Mrs Paton for ordering the drinks and Miss Ahern for purchasing the bread. All of these people contributed to make the BBQ such a great success.

CURRICULUM NEWS cont:

MULTILIT Awards 2014



Congratulations to Shania-Rose Moran, Kyle Wahlstrom, Lachlan McKay and Georgia Thomas who received MULTILIT awards at this week's assembly.

*Maree Tonnet
Assistant Principal*

PRINCIPALS AWARD

Special congratulations to our recent Gold Principal Award winners. Their hard work, persistence and efforts have been outstanding: Lucy Klemesrud and Daniel Hanna



YEAR 6 VISITING THE NATION'S CAPITAL

Mr Blissenden will be traveling with the Year 6 and their teachers to Canberra today and tomorrow. We wish them a safe and successful trip to Canberra. Mrs Tonnet will be on site and will be able to assist you if necessary.

TEACHERS ARE LEARNERS TOO

This week our staff spent time during their Professional Learning Meeting working with the new English document – furthering their understanding of the syllabus. Mrs Sloan and Miss Butiegieg attended a Reading Recovery session and our Year 5 teachers continued their professional learning in Mathematics. Mr Blissenden has commenced formation sessions in the lead up to the Bishop's Pilgrimage. Bishop Fisher will be taking 25 Principals and senior leaders from the Catholic Education Office on his Pilgrimage later this year and this group will be meeting regularly prior to and following the pilgrimage. Unfortunately due to the fighting in Israel and Palestine we will no longer be travelling to the Holy Land (places like Bethlehem, Jerusalem and The Dead Sea) but will instead follow in the footsteps of St Paul and St John through Turkey and on to Rome and Assisi.

PREMIER'S READING CHALLENGE

Congratulations to the following students who have completed the Premier's Reading Challenge for this year.

Elenore Drake K, Lucas Hader 1, Daniel McAdam 1, Joshua McAdam 1, Douglas McAlpine 2, Callum O'Connor 2, Charlieze Coevorden-Ward 3, Theresa Grima 3, Olivia Hayes 3, Charlie Whittaker 3, Danijela Hader 4, Adam O'Connor 4, Stephanie Hayes 5, Alexis McAlpine 5, Lucy O'Connor 5, Alannah Hader 6 and Maegan O'Connor 6.

For students that have not yet completed the challenge there are **only 3 weeks left** as the PRC finishes on the Friday 22nd August 2014.

DEALING WITH ISSUES

Please go through the right channels when an issue arises concerning your child. Let matters relating to children attending Corpus Christi be dealt with at school by our staff. Do not approach children or other parents directly when an issue occurs.

Approaching someone else's child translates into a Child Protection issue that can be avoided if the issue is brought to the attention of the child's teacher or a member of the School Leadership Team.

If there are changes in routine, home life etc that could affect the children, please inform us so we can provide the care needed for the children at school to support you.



ROAD SAFETY AROUND YOUR CHILD'S SCHOOL-

Hold your child's hand

As pedestrians, children can be easily distracted and are often too small to be seen by drivers. They may be unable to predict or identify dangers and tend to act impulsively.

Talk with your child about safe behaviour on the footpath – it is not a safe place to play. Include discussion on the dangers of vehicles that may be entering or exiting driveways.

Until your child is at least eight years old, hold their hand:

- on the footpath.
- in the car park.
- when crossing the road.

Up until at least 10 years old, supervise your child very closely, holding their hand when crossing the road. If you cannot be with your child, organise for another trusted adult to accompany them.

After school, meet your child at the school gate. At the end of the school day children may be excited, distracted and tired and may not concentrate on road safety.

What's on and When

Aug			
Week 3	Fri	1 st	Yr 6 return from Canberra
Week 4	Thurs	7 th	Puppet incursion K-Yr 2
	Fri	8 th	Award Stamping, Feast of Mary of the Cross Mackillop
Week 5	Mon	11 th	Staff Development Day – No School for Students
	Tues	12 th	ICAS Maths
	Wed	13 th	Voice of Youth
	Sun	17 th	Bunning BBQ Yr 6 Fundraiser



“Outstanding Writing” Merit Awards

Alexander Reid	Conner Pryke
Hannah Lopez	Codie Davidson
Jack Edwards	Lucas Barglik
Jasmine Williamson	Zac Hotchkiss
Danielle Yates	Gaia Fahed
Max Blackburn	Alexia Vidler
Lucas Chicharro	Claire Palamara
Shannon Mohanaraj	Luke Sherwin

Playground Award:
Jordan Neal KE

ASSISTANT PRINCIPALS AWARDS

Joshua McAdam 1B, Jacob Kovacs 1G, Kodi Coleman 2E, Taylor Gavin 2G, Callum O'Connor 2B, Jaylen Moore 3B, Cassandra Sanchez 3E, Alex Vella 3B, Taleisha Muscat 3G, Adam O'Connor 4G, Bailie Rosa 4B, Ryan Slaughter 5G, Maddison Sullivan 5B, and Aiden Xiberras 5B

UNIFORM SHOP - WEDNESDAY

8.30am – 9.30am & 2.30pm – 3.30pm

* **Pre-paid orders** – These orders can be handed in at the school office at any time but will be processed on Wednesdays ONLY.

* **Label all items** -To ensure all items are returned to their owners - PLEASE clearly mark all items with your child's name.

* **Exchanges/Refunds** – All items must be in original condition with all packaging including tags attached. A Receipt is required for any faulty item or refund.

****PLEASE KEEP YOUR RECEIPTS****

NOTES SENT HOME RECENTLY:

- K-2 puppet incursion



Term 3 Week 4 - Reminders

- **Monday** – Assembly
- **Tuesday** – Dance Fever
- **Wednesday** – Uniform Shop
- **Thursday** – Yr K-2 Puppet incursion
- **Friday** – Award Stamping , School Banking, Feast of Mary of the Cross Mackillop