



Corpus Christi Cross Country

Dear Parents/Caregivers,

7th March, 2019

This year Corpus Christi will be holding their Cross Country **OFF SITE** at Andromeda Drive Oval in Cranebrook on Friday 22nd March 2019. Students will walk, accompanied by teachers to and from the oval and for this reason a permission note must be completed for all students and returned to school by no later than **Wednesday 20th March 2019**.

Students will compete in their age groupings according to the age they are turning or have already turned in 2019.

ALL students in Year 2 WILL compete in the 2km course regardless of their age, however only those who are turning 8 in 2019 will be eligible for selection to represent the school at the Diocesan Cross Country in May.

Children that are 8 or turning 8, 9 or 10 will run a 2km course. Children that are 11 or turning 11 or 12 will run a 3km course. Students will then qualify as runners in either a combined 8/9 years age group, 10 years age group, 11 years age group or a 12/13 years age group. They must also complete the course in a restricted time as directed by Parramatta Diocesan policy.

It is expected that all students participate in this school event. These will be the only trials held for selection of the school cross-country team that will compete at the Diocesan Cross Country held on Tuesday 7th May 2019 (Week 2, Term 2) at Eastern Creek.

The children are required to wear their school sports uniform, wearing a t-shirt or socks that are in their house colour. If your child requires any medication e.g. asthma puffer, please ensure that they bring this to school, clearly labelled, on the day and that it is indicated on the permission slip below.

We will once again require assistance from our parent community with time keeping, marshalling and recording. If you are able to help, this would be greatly appreciated. Please complete the permission slip below ensuring that you have completed the "Child Protection For Volunteers" course prior to the day.

Please return the Permission note by no later than Wednesday 20th March 2019

Thanking you for your support,
Mrs Melissa McGrath
PE Teacher & Sports Coordinator

FOR YOUR INFORMATION: NAME: _____

I will be running in the 8 9 10 11 12 Year Old Age Group

Which house colour am I in?

ARINGA (RED) BANJORA (YELLOW) BROLGA (BLUE) TAMAROO (GREEN)



Corpus Christi Cross Country Permission Note

I give permission for my child _____ in class
_____ to walk to Andromeda Drive Oval and back to school in order to
participate in the Corpus Christi's Cross Country on Friday 22th March 2019.

IMPORTANT MEDICAL INFORMATION

Important Medical Information:

Signature: _____ Contact number: _____

PARENT HELPER

Parent name: _____ Contact number: _____

- I am **able** to assist at the Cross Country Carnival on Friday 22th March 2019.
- I have completed my Child Protection for Volunteers course and it is current
and up to date.